

Rocketship Fruit Skewers

What you'll need:

- Strawberries
- Marshmallows
- Cantaloupe
- Wooden skewers
- Small circle cutter



Directions:

1. Cut the cantaloupe in half and scoop out the inside.
2. Slice cantaloupe into ½ in. slices. From those pieces, cut trapezoid-shaped pieces.
3. Cut the outer skin off of each piece and use the circle cutter to round out the smaller end.
4. Cut the top off of each strawberry and then cut the remaining portion of berry into 3 slices.
5. Layer in the following order on the wooden skewer: cantaloupe, strawberry, marshmallow, strawberry, marshmallow, tip of strawberry (photo at top).
6. Use bananas in place of marshmallows, if desired.

Ways to increase difficulty:

- Have the child cut the fruit on their own, with supervision.
- Have the child work directly from the photo to assemble. This will support the skill of working from a model.

Ways to decrease difficulty:

- Have all of the ingredients pre-sliced and placed into respective bowls prior to beginning the activity.
- Verbally tell the child how to assemble the skewer (first cantaloupe, next strawberry, etc.)

Recipe found at: <https://www.mamacheaps.com/fruit-space-rocket-snack/>